

# All High School Wrestlers, Coaches & Parents are Invited



**IWCOA Convention & Awards Presentation**

**Sunday, April 8, 2018**

**Lyons Township High School**

**Convention & Awards Presentation is OPEN to All HS Wrestlers-Parents-Coaches**

*Mats will be in gym, bring workout gear*

**9:00 - Registration**

**9:30-11:00AM**

**Wrestling Clinic, Matt Gentry & Axa Molina**

**Coaches Clinic Sean Bormet**

**For Parents & HS Coaches—NCAA Clearing House & Financial Aid Information presented by NIU  
Diet & Nutrition for wrestlers, Axa Molina.**

**IHSA Administrator, Sam Knox will speak about the “state of Wrestling” from IHSA perspective and  
address “Hot topics” in wrestling at the IHSA and NFHS level.**

**Interested in becoming an Official? Information will be available.**

**College Coaches will have information on their schools and camp information.**

**11:15-11:30 Pre-Lunch Awards-Board Member of the year, Official of the year, Administrator of the Year**

**11:30-12:15PM Buffet Luncheon**

**12:30-2:00PM Award Presentation—All State Certificate Presentation.**

**Ticket are \$20 per person.**

**IHSA All State (medal winners) wrestlers are guests of the IWCOA.**

**IHSA All State Wrestlers must RSVP to [jcwrestle5@gmail.com](mailto:jcwrestle5@gmail.com)**

**Find out more at [www.iwcoa.net](http://www.iwcoa.net)**

**Tickets may also be ordered online at this site.**

**Deadline for ticket orders: March 31, 2018**

The IWCOA is a 501(c) 3 charity and all donations are tax deductible.

## 2018 IWCOA Clinicians



Matt Gentry is a 2x Canadian Olympian, placing 5th at the 2012 London Olympics. He is also a 3x Canadian National Champion and has won numerous international tournaments throughout his career.

As an undergraduate at Stanford University, he was "one of the most successful wrestlers in school history", going 42-0 in 2004; that undefeated season made him Stanford's first 157 lbs NCAA champion in wrestling. Matt also was a 3X Academic All American at Stanford.

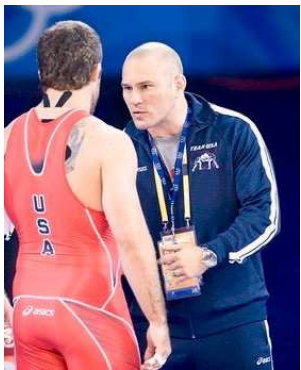
Gentry believes in fundamental and basic wrestling techniques, hard work, and a good attitude are required for success in wrestling and is excited to share his knowledge from training around the world. Coach Gentry takes time every practice to share mental performance tips with wrestlers of all ages, with an emphasis on transferring those mental skills to the classroom.



Axa Molina, State Sanctioning Manager for the Wrestle Like A Girl Foundation is originally from Federal Way, WA, where she started wrestling her sophomore year of high school. She was a multi-time state placer. She attended Lindenwood University on a wrestling scholarship. While at Lindenwood, she served as a captain and earned All-American honors, and competed at the Rio 2016 Olympic Trials. In 2016, she graduated from the Lindenwood University earning a Bachelor's of Science in Athletic Training and a minor in nutrition.

Axa participated in the Miss Seafair Scholarship program for women as the Hispanic Seafair community representative and earning the coveted Seattle title of Miss Seafair. Axa's community service platform was Wrestle Like a Girl where she continues to create awareness of women's wrestling in the greater Seattle area. Through the Miss Seafair program, she also earned the community service award for her dedication to growing girls' wrestling.

Axa recently was on the Megyn Kelly Show representing the Foundation and is currently an assistant coach at Grays Harbor College, Washington where she's coached five All-American and one national champion in her first year.



Sean Bormet is in his seventh overall season as a member of the Michigan wrestling coaching staff and his third as associate head coach. A two-time NCAA All-American and two-time Big Ten champion during his collegiate career.

Bormet is a three-time winner of the Terry McCann Award as the USA Wrestling Freestyle Coach of the Year (2006, '08, '10) and serves on USA Wrestling's Executive Coaches Council. He was a member of the coaching staff for three U.S. World Championship Teams, 2008 and 2012 Olympic Teams, 2010 World Cup Team, 2006 and 2013 Junior World Team and most recently the 2017 Cadet World Team, which crowned three individual World Champions.

Bormet was also named the 2004 USA Wrestling Developmental Coach of the Year for his coaching achievements with age-group wrestlers and programs. He coached the Illinois Junior Freestyle Team to four dual national titles and two national freestyle titles.

A native of Frankfort, Ill., Bormet graduated from Providence Catholic High School in 1989 and from the University of Michigan in 1994 with a degree in sport management.