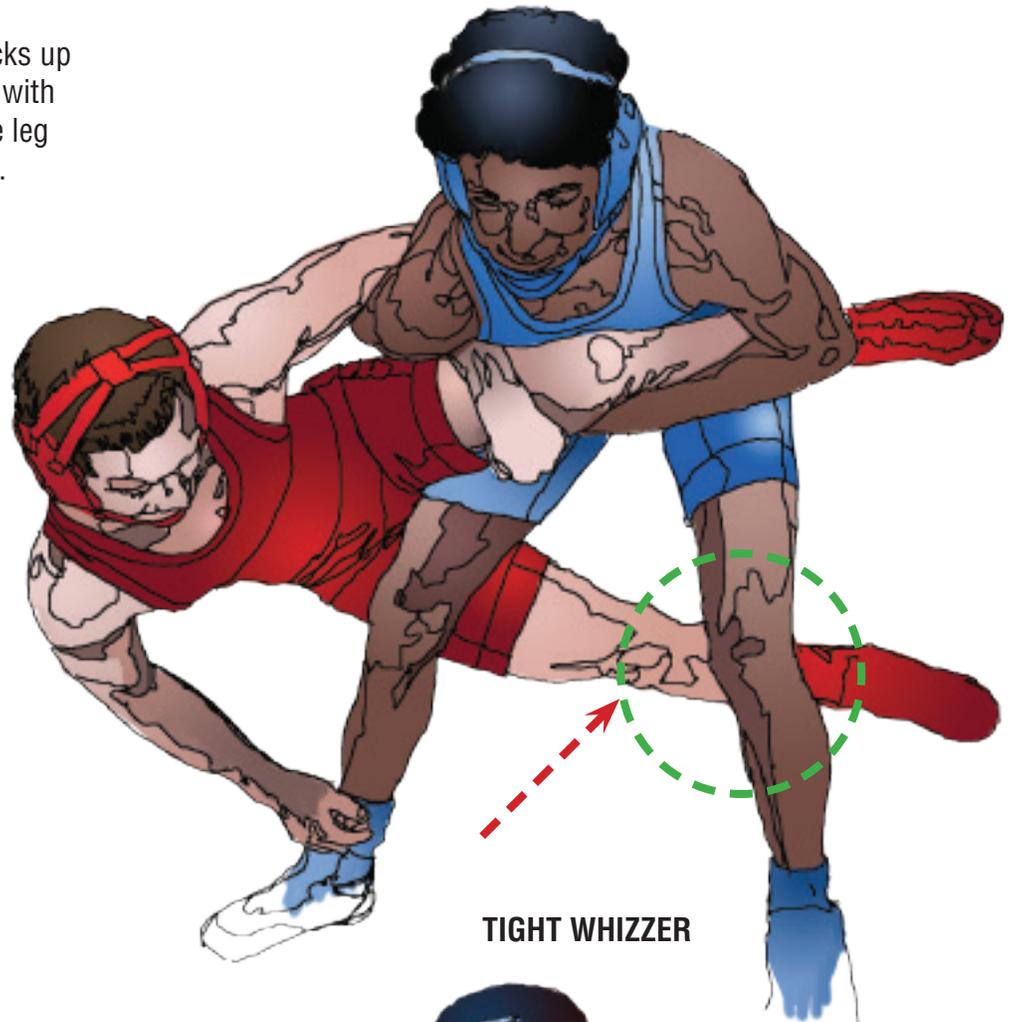# CUT BACK/LEG BLOCK —ILLEGAL

Frame 1: Set-up- **Wrestler B** picks up single leg—**Wrestler A** counters with a tight whizzer and slides his free leg behind **Wrestler B's** nearside leg. Creating an illegal hold, stop and penalize immediately.

TIGHT WHIZZER

Frame 2: Set up as above.
This **ILLEGAL** variation, has **Wrestler A—** jumping to drive his knee into side of **Wrestler B's** leg creating an **ILLEGAL** hold, stop and penalize immediately.