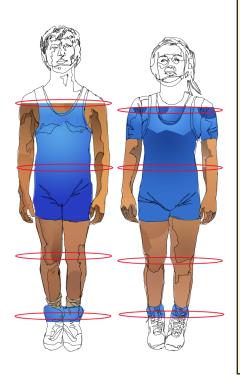


Locking Hands - Illegal (TV) or Legal



RULE 7-3-3 "Interlocking or overlapping the hands, fingers or arms around the opponent's body (with or without an arm included) or both legs by a wrestler in the advantage position, unless the opponent has all the weight supported entirely by the feet or has lifted the opponent off the mat or the opponent has met near-fall criteria, is a technical violation and the penalty point(s) shall be awarded in addition to points earned. (When bringing your opponent to the mat, hands overlapping or interlocking beyond reaction time is a technical violation.)"

Illegal/Technical Violation (TV)



Interlacing fingers



Cross palm grip



Overlapping hands

Legal



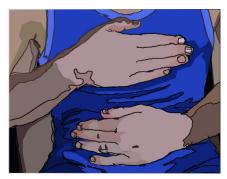
Intrelocking grip



Wrist lock grip



Hands side-by-side

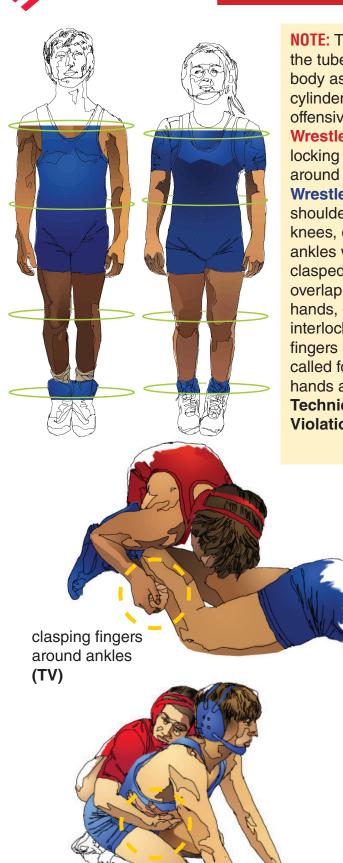


Hands side-by-side but not touching



Arms side-by-side





overlapping

hands or arms around body (TV)

NOTE: Think of the tube of the body as a cylinder, offensive Wrestler "A" locking hands Wrestler "B"s shoulders, waist, knees, or ankles with clasped hands, overlapping hands, or interlocking fingers shall be called for locking hands and a **Technical** Violation (TV)



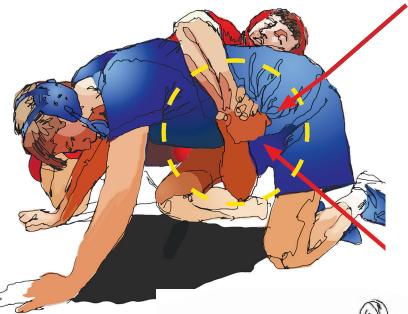
clasping hands with extremity included,

(arm or leg), (TV)

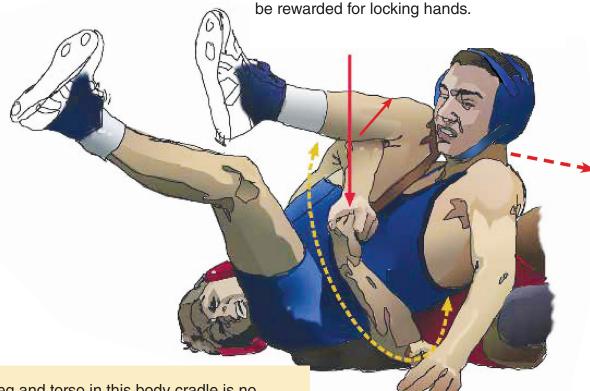


In this situation with leg included it is a **(TV)** when applied by wrestler in the advantage position **Wrestler A**. Stop the match and penalize.

NFHS Rule 7-3-3 states in-part: Interlocking or overlapping the hands, fingers or arms around the opponent's body (with or without arms included) or both legs by a wrestler in the advantage position...is a **Technical Violation** (TV)...



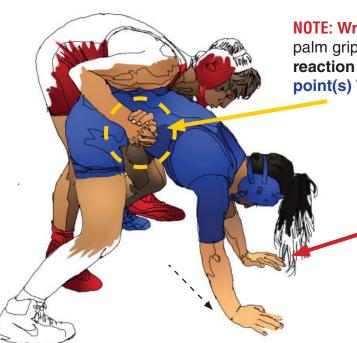
If Wrestler A takes Wrestler B to a stacked near fall position, Wrestler A has committed a (TV) and shall not be rewarded for locking hands



NOTE: The encircled leg and torso in this body cradle is no different than a locking hands around the torso with an arm encircled. In fact, **Wrestler B** is placed even more at a disadvantage with a leg and torso being encircled versus torso encirclement with and arm included, **(TV)**



From neutral position **Wrestler "A"** takes **Wrestler "B"** to the mat, hand,(s) are supporting points. Signal and clearly call out "take down 2" or "reversal 2". **Wrestler "A"** has reaction time, to release clasped hands. Rule:5-25-1 and 2.



NOTE: Wrestler "A" uses a cross palm grip, if not released beyond reaction time penalize and award point(s) Technical Violation (TV).

Wrestler "B"s hands are a supporting point making Wrestler "B" a defensive wrestler. Wrestler "A" completed a takedown or reversal and has reaction time to release clasped hands. (TV)



NOTE: Wrestler "A" uses a cross palm grip, if not released beyond reaction time penalize and award point(s). (TV).

Wrestler "B"s hand is a supporting point making Wrestler "B"a defensive wrestler. Wrestler "A" completed a takedown or reversal and has reaction time to release clasped hands. (TV)