

30th Annual IWCOA Championships

Freshman/Sophomore State & Girls Championship Series

Bank of Springfield Center, March 14-15, 2026

Weigh-in (FRIDAY MARCH 13 EVENING ONLY)

The BOS Center, Friday ONLY 6:00pm to 9:00pm

Registration BOS Center Lobby – STATE TOURNAMENT \$25 (CASH ONLY) 4 lb. allowance in singlet

Coaches Passes

BOS Lobby - \$25/day [CASH ONLY] or proof of IWCOA membership

*IWCOA membership must be purchased at regional events or online.
Not available at Sectionals or the State Championships.*

**Saturday Only - Coaches breakfast (7:45am) and meeting (8:15am). Enter at
South end of BOS Lobby**

Spectator Admission

Adults \$15 per day – Students \$10 per day
Box office will open Saturday morning

[CASH ONLY]

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*****NO FOOD OR BEVERAGE MAY BE BROUGHT INTO THE FACILITY*****

SATURDAY

Doors open	7:30 am
Opening Ceremonies – National Anthem	8:50 am
Championship Prelim	9:00 am
Championship Round of 32	10:30 am
Consolation Rd 1	1:30 pm
Champ. Round of 16 & Consolation Rd 2	3:00 pm
Consolation Rd 3	6:00 pm

SUNDAY

Doors open	8:00 am
Quarterfinals & Consolation Rd 4	9:00 am
Consolation Rd 5	10:30 am
Semifinal & Quarter final Consolation	11:15 am
Semifinal Consolation	12:00 pm
Parade of Medalists	12:45 pm
Finals	1:30 pm

(All times are approximate, wrestling will be continuous)

*****NO FOOD OR BEVERAGE MAY BE BROUGHT INTO THE FACILITY*****

30th Annual Freshman Sophomore State & Girls Championship Series

Top 5 Qualify for State, FroshSoph & Girls

Eligibility	Freshman Sophomore - IHSA freshman or sophomore during the 2025-2026 high school season. No 17-year-olds or IHSA individual state qualifiers. (Open entry not limited to one per weight.) Girls – IHSA Grade 9, 10, 11, 12 Student during the 2025-2026 high school season. No 19-year-olds or IHSA state qualifiers. (Open entry not limited to one per weight.)	
Registration	www.trackwrestling.com – “Events Classic” Search IWCOA – Go to your assigned site, click “pre-register” on far right hand side, complete pre-registration. Verify your registration by looking at wrestler list in tournament. If you find your name, you are registered. Pay fee at the site and weigh in. Weight class determined by actual weight at weigh-ins.	
<u>ONLY REGISTER ONCE – QUALIFIERS AUTOMATICALLY ADVANCE FROM REGIONAL TO SECTIONAL AND SECTIONAL TO STATE</u> Regional assignments are based on the high school attended. Download flier for assignments at www.trackwrestling.com		
State Championships	Sat. & Sun., March 14 & 15, 2026, Bank of Springfield Center 1 Convention Center Plaza, Springfield, IL Weigh-in Friday 6pm to 9pm	
Sectional Tournaments	(FroshSoph Qualifiers & HS Girls) Sunday March 8 – Weigh-in 8 to 8:30am (Girls begin at Sectionals) Top (5) Qualify for Championships at the BOS Center in Springfield. (40 MAN BRACKET)	
Regional Tournaments	(Frosh/Soph only) February 28 or March 1, 2026 – Weigh-ins 8 to 8:30am - (4) Qualify for sectional	
Weight Classes	Freshman Sophomore - 101, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 Girls – 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235 (+4-pound allowance Entire Series)	
Accommodations	Double Tree, 866-788-8000 Book Rooms Holiday Inn Express, (217) 529-7771 Book Rooms Carpenter Street Hotel, 217-789-9100 Mansion View Inn & Suites, 217-544-7411	Weigh-in with singlet Hilton Garden Inn, (217) 529-7171 Book Rooms Crowne Plaza, (217) 529-7777 Book Rooms Northfield Inn, (217) 523-7900

If you have overbooked rooms, please cancel as soon as possible to open rooms for others. Deadline is 3/12/2026.

Freshman Sophomore State Series begins at the Regional Competition.

Girls Championship Series begins at the Sectional Competition.

Coaching	\$15 floor pass at Regional or Sectional. \$25 floor pass PER DAY at State Championship Or \$35 IWCOA membership which includes a coach's floor pass for entire series. IWCOA membership available only at regional sites and online at iwcoa.net (Includes liability ins.)	
Entry Fees	Regional \$50 Sectional Fees :	Regional Qualifiers----- \$25 Entries from IHSA Dual school participants-- \$50 Girls ----- \$50

STATE \$25 FOR ALL WRESTLERS

All fees will be paid at the event. No Checks accepted.

FROSHSOPH FROM A HIGH SCHOOL IN THE IHSA DUAL MEET FINALS AT BLOOMINGTON MAY ENTER THE SECTIONAL.

REGIONAL SITES

SECTIONAL SITES

Belleville West HS	March 1	Granite City HS Annex	March 8
Springfield Southeast HS	February 28		
Normal HS	March 1	Heyworth HS	March 8
Clinton HS	February 28		
Morrison HS	March 1	Sterling HS	March 8
DeKalb Huntley Middle School	March 1		
Lake Zurich HS	March 1	Lake Zurich HS	March 8
Lakes HS	March 1		
Joliet West HS	March 1	Thornton HS	March 8
Hillcrest	March 1		
Oak Lawn Community HS	February 28	Shepard HS	March 8
Sarah Goode HS	March 1		
Oswego East HS	March 1	Naperville Central HS	March 8
Glenbard South HS	March 1		
Notre Dame Niles HS	March 1	Evanston HS	March 8
Glenbrook South HS	March 1		

CHAMPIONSHIPS !

Bank of Springfield Center

Springfield Illinois

March 14-15, 2026

NFHS folkstyle rules except for wt class, bout length & weigh-in. Headgear is required – 5min. bout - Overtime per NFHS

(Not affiliated with the IHSA, USAW or AAU. - Multiple entries at a weight class may enter who are from the same school. This is an open competition.)

IWCOA FOLKSTYLE STATE CHAMPIONSHIP SERIES REGIONAL ASSIGNMENTS

Please email iwcoa@outlook.com if your school is missing

GRANITE CITY ANNEX SECTIONAL	HEYWORTH SECTIONAL	STERLING SECTIONAL	LAKE ZURICH SECTIONAL	THORNTON SECTIONAL	SHEPARD SECTIONAL	NAPERVILLE CENTRAL SECTIONAL	EVANSTON SECTIONAL
BELLEVILLE WEST REGIONAL	NORMAL REGIONAL	MORRISON REGIONAL	LAKE ZURICH REGIONAL	JOLIET WEST REGIONAL	SARAH GOODE REGIONAL	OSWEGO EAST REGIONAL	NOTRE DAME REGIONAL
ALTHOFF CATHOLIC ALTON-MARQUETTE ALTON SR. ANNA-JONESBORO BELLEVILLE EAST BELLEVILLE WEST BENTON CAHOKIA CARLYLE CARBONDALE CARM-WHITE COUNTY CARTERVILLE CENTRALIA CIVIC MEMORIAL COLLINSVILLE EAST ALTON WOOD ELVERADO EAST ST. LOUIS SR. EDWARDSVILLE EFFINGHAM FAIRFIELD FRANKFORT FRANKLIN SENIOR FREEBURG GOREVILLE GRANITE CITY HARRISBURG HERRIN HIGHLAND HILLSBORO JERSEY JOHNSTON CITY LITCHFIELD MARION MASCOUTAH MERIDIAN METRO-E LUTHERAN MOUNT CARMEL MOUNT OLIVE MOUNT VERNON MURPHYSBORO O'FALLON TSHIP PICKNEYVILLE RED BUD ROXANA SALEM SPARTA ST. ANTHONY TRICO TRIAD VANDALIA WATERLOO	BLOOMINGTON CANTON DEER CREEK-MACK DUNLAP EAST PEORIA EL PASO EUREKA FARMINGTON GALESBURG HAVANA ILLINI BLUFFS ILLINOIS VALLEY CENT. ILINI WEST JUDA CHRISTIAN KNOXVILLE LIMESTONE LINCOLN MARQUETTE ACAD METAMORA MIDLAND MIDWEST CENTRAL MORTON NORMAL NORMAL UNIVERSITY NORMAL WEST OTTAWA TWP PEKIN PEORIA HS PEORIA HEIGHTS PEORIA MANUAL PEORIA NOTRE DAME PEORIA RICHWOODS PEORIA WOODRUFF ROWWA STREATOR TREMONT WARSAW WASHINGTON	ABINGDON AVON ALEDO ALLEMAN AMBOY A. FRANKLIN CENTER DIXON EASTLAND ERIE FREEPORT FULTON GENESEO KEWANEE LASALLE PERU LENA-WINSLOW MACOMB JR/SR MENDOTA MOLINE MONMOUTH MORRISON MOUNT CARROLL NEWMAN CENTRAL ORION PRINCETON PROPHETSTOWN PUTNAM COUNTY RIVERDALE ROCHELLE ROCK FALLS ROCK ISLAND ROCKRIDGE ST. BEDE SAVANNA SHERRARD STOCKTON UNITED MONMOUTH UNITED TOWNSHIP WEST CARROLL	ALGONQUIN-JACOBS BARRINGTON BARTLETT CARY-GROVE CONANT CRYSTAL LAKE CENTRAL CRYSTAL LAKE SOUTH DUNDEE-CROWN FREM HOFFMAN ESTATES HEBRON HUNTLEY HERSEY LAKE ZURICH LAKE PARK MCHENRY PALATINE PRAIRIE RIDGE PROSPECT SCHAUMBURG STREAMWOOD ST. VIATOR	BOLINGBROOK CENTRAL (CLIFTON) COAL CITY DWIGHT JOLIET CATHOLIC JOLIET WEST LEMONT TSHIP LINCOLN-WAY CENT LOCKPORT MINOOKA MORRIS PLAINFIELD EAST PLAINFIELD CENTRAL PLAINFIELD NORTH PLAINFIELD SOUTH PROVIDENCE CATH. REED CUSTER ROMEOVILLE SENECA TOWNSHIP WILMINGTON	BOGAN BOWEN BRONZEVILLE CMA BROOKS CURIE CHGO-AG SCIENCE CHGO HOPE ACAD. CHGO-WASHINGTON CORLISS DUNBAR DUSABLE DYETT DE LA SALLE ENGLEWOOD STEM FENGER FARRAGUT GAGE PARK HANCOCK HARLAN HIRSH METRO HUBBARD HYDE PARK JONES JUAREZ JULIAN KELLY KENNEDY KENWOOD KING LINDBLOM TECH LITTLE VILLAGE LONGWOOD CHAR. MORGAN PARK NOBLE ACADEMY NOBLE COMER NOBLE GOLDER NOBLE MANSUETO NOBLE ITW SPEER NOBLE UIC PHILLIPS PHOENIX MILITARY SARAH GOODE SIMEON SOUTH SHORE ST FRANCIS DE S. ST IGNATIUS ST RITA TILDEN TECH UNIVERSAL URBAN PREP WALTER PAYTON WESTINGHOUSE	BENET ACADEMY DOWNERS GROVE N. DOWNERS GROVE S. GLENBARD EAST HINSDALE CENTRAL HINSDALE SOUTH LISLE SR LYONS TOWNSHIP MONTINI NAZARETH NAPERVILLE CENT. NAPERVILLE NORTH OSWEGO OSWEGO EAST RIVERSIDE BROOKFIELD WESTMONT WHEATON ACADEMY WHEATON NORTH WILLOWBROOK	AL RABY ADDISON TRAIL AMUNDSEN AUSTIN CLEMENTE CRANE DOUGLASS ELK GROVE VILLAGE ELMHURST (YORK) FENTON FENWICK FOREMAN IC CATHOLIC PREP INTRINSIC DOWNTOWN KELVYN PARK LAKE VIEW LEYDEN MANLEY MARSHALL MORTON NILES WEST NOTRE DAME NILES OPRF ORR PROVISO EAST PROVISO WEST RIDGEWOOD ST PATRICK TAFT VON STEUBEN WALTHER CHRISTIAN
			LAKES REGIONAL	HILLCREST REGIONAL		GLENBARD SOUTH REGIONAL	GLENBROOK SOUTH REGIONAL
		DEKALB HUNTLEY MIDDLE SCHOOL REGIONAL	ANTIOCH BUFFALO GROVE CARMEL GRANT GRAYSLAKE CENTRAL GRAYSLAKE NORTH GURNEE JOHNSBURG LAKE FOREST ACADEMY LAKE FOREST LAKE VILLA LAKES LIBERTYVILLE MUNDELEIN NORTH CHICAGO ROLLING MEADOWS ROUND LAKE STEVENSON VERNON HILLS WARREN TWP WAUCONDA WAUKEGAN WHEELING ZION-BENTON	ANDREW BEECHER BISHOP MCNAMARA BLOOM BRADLEY BOURBONNAIS CRETE-MONEE HERSCHER HILLCREST HOMWOOD- FLOOSMOOR JOLIET CENTRAL KANKAKEE LINCOLNWAY EAST LINCOLNWAY WEST MANTENO MARIAN CATHOLIC PEOTONE RICH THORNBRIDGE T.F. NORTH T.F. SOUTH THORNTON THORNWOOD		AURORA CENTRAL CATHOLIC AURORA CHRISTIAN BATAVIA EAST AURORA ELGIN GENEVA GLENBARD NORTH GLENBARD SOUTH GLENBARD WEST HARVEST CHRISTIAN LARKIN MARMION ACADEMY METEA VALLEY MOOSEHEART NEUQUA VALLEY SOUTH ELGIN ST CHARLES EAST ST CHARLES NORTH ST EDWARD-ELGIN ST FRANCIS WHEATON WAUBONSIE VALLEY WEST AURORA WEST CHICAGO W. WARRENVILLE S. YORKVILLE YORKVILLE CHRIST.	C. ACADEMY C. MATH & SCIENCE DEERFIELD DEPAUL PREP ELMWOOD PARK EVANSTON GLENBROOK NORTH GLENBROOK SOUTH HIGHLAND PARK IDA CROWN LANE TECH LOYOLA ACADEMY MAINE EAST MAINE SOUTH MAINE WEST MATHER NEW TRIER NILES NORTH NORTHSIDE PREP PROSSER RICKOVER NAVAL ROOSEVELT SENN SULLIVAN
SPRINGFIELD SOUTHEAST REGIONAL	CLINTON REGIONAL				OAK LAWN COMMUNITY REGIONAL		
AUBURN BEARDSTOWN SR BREESE CENTRAL CAMP POINT CENTRAL CARLINVILLE CARROLLTON GLENWOOD GREENVILLE IL SCH FOR THE DEAF JACKSONVILLE MARSHALL MT. OLIVE NORTH MAC/VIRDEN PETERSBURG PORTA PITTSFIELD QUINCY SR QUINCY NOTRE DAME RIVERTON ROCHESTER SACRED HEART GRIFFIN SOUTHWESTERN SPRINGFIELD S. EAST SPRINGFIELD HIGH SPRINGFIELD LANPHIER TAYLORVILLE WARBRG-LATHAM WEST HANCOCK	ARGENTA-OREANA BISMARCK-HENNING CENTENNIAL CHAMPAIGN CENTRAL CHARLESTON CLINTON CUMBERLAND DANVILLE DECATUR HS DECATUR EISEN. GIBSON CITY MEL-SIB HEYWORTH HOOPESTON LAWRENCEVILLE LEROY MAHOMET SEYMOUR MATTOON MONTICELLO MT. ZION OAKWOOD OLNEY PONTIAC PRAIRIE CENTRAL PAXTON RANTOUL RIDGEVIEW ROBINSON SALT FORK SCHLARMAN SHELBYVILLE ST JOSEPH OGDEN ST. THOMAS MORE STANFORD OLYMPIA TRI CITY UNITY URBANA WESTVILLE	ALDEN HERON BELVIDERE BELVDERE NORTH BOYLAN CATHOLIC BYRON BURLINGTON CENT. DAKOTA DEKALB DURAND GENOA-KINGSTON GUILFORD SR HAMPSHIRE HARLEM HARVARD HONONEGAH JEFFERSON KANELAND MARIAN CENTRAL MARENGO MENDOTA NORTH BOONE OREGON PLANO POLO RICHMOND BURTON ROCHELLE ROCKFORD AUBURN ROCKFORD CHRIST. ROCKFORD EAST ROCKFORD LUTH. SANDWICH SOMONAUK STILLMAN VALLEY SYCAMORE WINNEBAGO WOODSTOCK WOODSTOCK NORTH			A.A. STAGG ARGO COMMUNITY BREMEN BROTHER RICE EISENHOWER EVERGREEN PARK HALES FRANCISCAN ILLIANA CHRISTIAN MARIST MOUNT CARMEL OAK FOREST OAK LAWN REAVIS RICHARDS ST. LAURENCE SANDBURG SHEPARD TINLEY PARK		

Hotels in Springfield Area

The below Springfield area hotels have special IWCOA State Championships pricing.

Either book direct through the link provided or call and let them know you are with the IWCOA and you will receive the special rate:

Double Tree, Springfield, (866) 788-8000 [Book Rooms](#)

Holiday Inn Express, Springfield, (217) 529-7771 [Book Rooms](#)

Hilton Garden Inn, Springfield, (217) 529-7171 [Book Rooms](#)

Crowne Plaza, Springfield, (217) 529-7777 [Book Rooms](#)

Carpenter Street Hotel, Springfield, (217) 789-9100

Northfield Inn, Springfield (217) 523-7900

Mansion View Inn & Suites, Springfield, (217) 544-7411